

Lighthouse PCA Cheerleading, Basketball & Soccer Practice Schedules

Athletic Director: Coach Morris Jones: 850-417-1699



Day of Week	Sport	Age Group	Practice Time	Location
Monday	Basketball Boys	Varsity Boys & Middle School Boys	3pm to 4:30pm	Malcolm Yonge Gym
Monday	Peppers	K-5 th Grade	3pm to 4pm	Fellowship Hall @ elementary
Tuesday	Basketball Girls	6 th through 12 th grade	3pm to 5 pm	Malcolm Yonge Gym
Tuesday	Cheer	6 th through 12 th grade	3pm to 4:30pm	Malcolm Yonge Gym
Wednesday	Basketball Boys	Varsity Boys & Middle School Boys	3pm to 4:30pm	Malcolm Yonge Gym
Thursday	Basketball Girls	6 th through 12 th Grade	3pm to 5pm	Malcolm Yonge Gym
Thursday	Cheer	6 th Through 12 th Grade	3pm to 4:30pm	Malcolm Yonge Gym
Thursday	Soccer	3 rd through 5 th Grade	3pm to 4:30pm	Lyons Park 12 th Ave
Friday	Basketball	Elementary Boys & Girls	3pm to 4:30 pm	Malcolm Yonge Gym
Friday	Weight Training	Varsity Girls ONLY	3pm to 5pm	Malcolm Yonge Gym
Saturday	Basketball	Elementary Boys & Girls	9am to 11am	Malcolm Yonge Gym